



Governor's Home Town Award Winner & Cup Finalist

Bringing Everyone's Strengths Together  
A Round Lake Area Community Coalition

## **General Meeting Minutes**

January 10, 2019

Jim DiDonato called the meeting to order at 8:40 AM at the Round Lake Village Hall Annex with a welcome and introductions.

Reading and Approval of the Minutes from December 13, 2018. Mary made a motion to approve the minutes and Georgeann made a second. All in favor and the motion passed.

### **Presentation from Kathy Breen at Oak Street Health**

- Oak Street is a primary care doctor for adults with Medicare.
- They believe that adults on medicare have complex needs that deserve special attention. Unique features of Oak Street Health:
  - Focus on prevention and finding root causes of issues.
  - Handle multiple issues in one appointment and doctors typically spend 20 - 40 minutes with each patient. They do not double book patients.
  - Doctor patient load is a maximum of 700 patients per year.
  - Care teams consisting of doctors, nurse practitioners, nurses, and social workers. They also have a behavioral health specialist on staff.
  - In-person navigation of medicare benefits.
  - In center events to promote good health.
  - Quick appointments and 24/7 patient support contact center.
  - Patients within 10 mile radius of Oak Street receive free transportation. Transportation available to residents in the Round Lake area.
- Reduced hospital readmissions by 40%.
- Accepts all insurance networks available in Lake County.
- Reach out to Kathy Breen or Juan to schedule Oak Street Health as a presenter or participant at your event.
- LIHEAP applications are available at Oak Street Health. See the flyer for more information.
- This fall, Oak Street Health went to senior buildings across Lake County to help seniors apply for LIHEAP.
- Kathy promoted the LIHEAP and weatherization services available at Community Action Partnership as well as the assistance programs available through utility providers.

### **Reports from Executive Committees**

#### President

- Gathering financial reports for year end reporting.
- Planning for remainder of year and next year.
- BEST has vacancies in the Vice President and Public Awareness roles. Interested persons should contact Jim DiDonato regarding the positions.
- Georgeann will be seeking nominations for elections in May.

#### Treasurer

- The Treasurer's report will be available at the February 14th.

### **Reports from Standing Committees**

#### By-Laws

- No report.

#### Fundraising

- Kathy and Mary have been gathering needed fundraising materials and will be meeting shortly to review next steps for fundraising.

#### Membership

- Sandra encouraged members to invite their friends to BEST meetings.

#### Reports from Special Committees

##### Dementia Friendly Committee

- The committee will be promoting information on dementia to local businesses and providing seniors a way to communicate critical information to first responders through smart 9-1-1 and information available in the home.
- Information on Dementia Friendly communities will be added to the B.E.S.T. website.

##### Kindergarten Readiness Committee

- The committee met recently to review the public Mountaintop launch.
- The committee will meet next on February 19th.

##### Transportation

- The most recent meeting of LCCTSC was cancelled. The next meeting will be February 20th and is anticipated to feature the release of the Transportation study.
- Tri-County Access project is reviewing alternatives to Route 53 to improve transportation in the tri-county areas. One local review will be Route 120.

##### Voter Engagement

- Group is assessing the possibility of having Lake County Board members present at an upcoming meeting.

#### New Business

Various announcements were made from members.

The meeting was adjourned. The next meeting of BEST will be February 14, 2019.