



Governor's Home Town Award Winner & Cup Finalist

Bringing Everyone's Strengths Together
A Round Lake Area Community Coalition

General Meeting Minutes

February 14, 2019

Jim DiDonato called the meeting to order at 8:35 AM at the Round Lake Village Hall Annex.

Reading and Approval of the Minutes from January 10, 2019. Mayor Dan McGillis made a motion and Georgeann Duberstein made a second. All were in favor and the minutes were approved.

Presentation from Jordan-Lindsay Morris MPH CHES, Lake County Health Department

- Live Well Lake County is a collaboration of multiple organizations from all sectors working together to achieve the highest level of health and wellness for all in Lake County.
- The Diabetes Prevention and Management Action Team was created after a community health assessment identified diabetes as a large risk to our community. Diabetes is the 6th leading cause of death in Lake County. An estimated 31,000 adults have been diagnosed in the County and 73,000 adults have been diagnosed with prediabetes in the County. Up to 28% of individuals do not know they have diabetes.
- The Action Team seeks to improve diabetes prevention and self-management for high-risk populations, especially in the African American and Hispanic/Latino communities. Programming includes:
 - Addressing social determinants of health such as access to healthy and affordable foods, medical homes, health insurance, and access to green space - walking initiatives.
 - Conducting community engagement to raise awareness of diabetes programming.
 - Creating a diabetes passport for patients with diabetes to track their care.
 - Hosting DiabetesLC.org, a one stop shop for information, resources, and classes on diabetes in the County.
 - In 2019 they will implement diabetes prevention and lifestyle management curriculum and continuing with implementing community-based diabetes self-management classes in English and Spanish.

Many comments were made from the audience regarding the challenges interacting with the health care system, getting access to healthy food and/or alternative sugars or sugar free products.

Reports from Executive Committees

President - Jim is working to modernize the BEST website and adding events to Facebook.

Treasurer- The Treasurer's report will be tabled until the March General Meeting.

Reports from Standing Committees

Voter Engagement

- The committee has invited four of the local County Board members to participate in a presentation in March. Three have committed so far. Questions are welcome and should be sent to Deanna.
- The League of Women Voters will host an open house for contestants in the April election on March 14th at 6:30 -8:30 PM at the Hainesville Village Hall.

By-Laws- Georgeann encouraged individuals to consider running for the BEST Executive Committee. There are multiple openings including Vice-President, Secretary, and Public Awareness. Please contact Georgeann if you are interested in running.

Fundraising - Mary and Kathy are reviewing past donors and updating a donor list. They are considering what type of materials are needed for donors including rack cards for dementia friendly rack card and Kindergarten Readiness Program and a flyer for general BEST information. They are considering how to best target the communities we serve so BEST is no longer a hidden secret!

Membership - 2019 Membership renewals begin in May.

Reports from Special Committees

Dementia Friendly Committee

- Georgeann suggested that we encourage CENCOM to participate in Smart 911 which would allow individuals to give 911 information about themselves to better aid in their care in the event of an emergency.
- The committee is still considering the best way to distribute information about their committee work through rack cards and fridge magnets for individuals experiencing dementia.
- The Committee is working with the Village of Round Lake Park and the Saddlebrook Community to distribute information.
- The next meeting is March 4th at 9:00 AM at the Village of Round Lake Park.

Kindergarten Readiness Committee- The Next meeting is Tuesday, February 19th at noon at the Early Childhood Education Center in Round Lake.

Transportation - LCCTSC is meeting on February 20th.

New Business

Various announcements were made from members.

The meeting was adjourned. The next meeting of BEST will be March 14, 2019.