**Minutes Round Lake Area BEST Membership Meeting
April 18, 2017**

**1. Call To Order:** 8:33am

**2. Introductions:**

**3. Reading and Approval of Minutes**: 3/17 minutes tabled. Secretary not in attendance
**4. Treasurer Report**: Pete Molider, Treasurer:

* **Feb 2017**

Beginning Balance $14, 607.63

Deposits: $6.34

Withdrawals: 500.00 1578 RL Fine Arts Boosters (proceeds from Chili Supper)

*Ending Balance:* $14,113.97

* **March 2017**

Beginning Balance: $14,113.97

Deposits: $0

Withdrawals: $88.00 1582 Community Calendar Renewal

 $125.00 1583 UPS Store P.O. Box Renewal

 $22.00 1584 Country Financial Liability Insurance update

*Ending Balance:* 13,878.97

**5. Speaker:** Daniel Weiss, Lake County Health Department to speak on Live Well Lake County and Community Health Improvement Plan.

What is Live Well Lake County? It is the **Lake County Health Assessment (CHA), Community Health Improvement Plan (CHIP), Action Teams and Data**. The goal is **achieving the highest level of health and wellness for all in Lake County.**

**The Community Health Assessment (CHA**) consists of the Local Public Health System Assessment, Forces of Change Assessment, Community Health Status Assessment and Community Themes and Strengths Assessment. The assessment results show the LPHS Opportunities for Improvement, Prioritized Forces of Change for the Next 5 Years, Local Community Health Status Data (1 and 2-degree data). Community Ideas and Perceptions of Health and Wellness. With the final Priorities being: Behavioral Health (substance Abuse and Mental Health), Hypertension and Cardiovascular Disease, Obesity and Diabetes.

**The Community Health Improvement Plan (CHIP)** includes: Community-driven coordinated plan of action, monitoring progress in achieving these outcomes, improving community health, focusing attention and resources on strategies to affect positive health outcomes.

**Action Teams:** ***Be Active:*** Walking, ***Eat Well***, **Diabetes Prevention and Management**, ***Health Literacy***, ***Tobacco Prevention and Cessation***, ***Behavioral Health Capacity:*** tele-psychiatry, School-Based Behavioral Health, Integrating Primary Care into Behavioral Health, Behavioral Health Public Awareness, ***Lake County Mental Health Coalition***.

**SOME of our 60073 Data:**
Round Lake residents live 10.5 years less than Lake Forest residents

Average Income: $64.393
Education: 20.5 adults 25+ years old have a B.S. or higher
Poverty: 12.8% live below the federal poverty level

Teenage Pregnancy Rate: is 42.9 births per 1,000 girls between 15 and 19
Weight: 61.9% of RLA adults are overweight or obese

74.5% report very satisfied or satisfied with the quality of life in the community (60073 zip-code)

***Top Reported Strengths:***

* Local 24 hour police fire and rescue
* Parks and recreation
* Walkable bike-able community
* Asses to healthcare
* Affordable housing

***Top Reported Improvement Opportunities:***

* Less violence
* More jobs and healthier economy
* Improved education
* Less crime
* More programs and support for youth outside of school

**Find LOTS more information and data here: www.LiveWellLakeCounty.org**

**6. Reports From Standing Committees**

**By- Laws,** Jim DiDonato, Chair

2017 – 2019 Slate

 President: Jim DiDonato
 Vice President: Wendy Warden

 Secretary: Deanna Olmen

 Treasurer: Eric Apgar

Nominations from the floor: none

Motion to Approve: Georgeann

Motion to Second: Eric

Motion carried
**Memership:** Wendy Warden, Chair

**Public Awareness:** Georgeann Duberstein, Chair

**Special Projects &** **Empowerment Grants:**  Megan McKenna, Chair

**7. Reports from Ad Hoc Committees**

**Kindergarten Readiness:** meeting: April 18th, 9am at Pleviack School

**Transportation:** Venture Card Information will go out via e-blast to membership

**Community Calendar/Jim DiDinato, Chair:** No update or than put your events on the calendar!! [http://www.rlacommunitycalendar.com](http://www.rlacommunitycalendar.com/)

**Dementia Friendly Communities/Kathy Myers Chair:** Next meeting April 25th 9am Panera Bread on Rollins Road.

**8. Agency announcements**

**Paula Rohrs, Round Lake Area Fire District:** Emergency Medical Information on Smart Phones – download app via iTunes or GooglePlay State of Illinois Emergency Contact – sectary of state website emergency information.

**Village of Hainesville:** Saturday, Earth Day clean 10- 12 Round Lake District 116 NH Socitey Students to volunteer. Public welcome. Sunday is the rain date meet at Tall Oak and Hainesville Roads

**District 116** talent expo 4/19 RLBCC 6:30 $5 supports Arts, Awarded Compency Based Poilt one of 10 schools in the state. Out of the bo thinking about how student ear credits. 4 were Varsity winter guard 1st place at championship level 8th grad middle school 1st place in state!! One to Wonder – published in two papers

**Round Lake Area Park District:**  Sign up for summer camp and swim lessons now. All spring brochure registration is open.

**United Way:** www.MyFreeTaxes.com $64,000 or less qualify to file Federal and State taxes free with this software.

**Catholics Charities:** expands Behavioral Health Program – Spanish and English flyer available on membership table. The focus is on youth counseling services, as part of a family, adults and/or emancipated minors.

**Nicasa/Teen Court:** Teen court juror application are available. Promote! May 26th deadline

**Exchange Club** – Rose Sale – [www.RLAExhange.org](http://www.RLAExhange.org). $25.00 for a dozen roses delivered by an exchange club member.

**University of IL. Extension:** 4H 4th annual robotic showcase just took place. Round Lake was the best represented and won the Best Schools Award. Round Lake Middle School won the Engineering and Design Award with health bots building things like: my plate, playing sports, going to bed early. One health bot even snored. School Based Community Gardens continue to grow in the 4H program with partnerships with SNAP educators, Master Gardeners, and STEM.

**Senator Melinda Bush** .. Sherd Day April 22nd in Lindenhurst. Flyers available on Sign-In Table.

**Catholic Charities:** Senior Scam Jam April 26th Lunch and Learn with the Grayslake Police Department. A Matter of Balance is an eight week program 2 hour sessions each week with snacks provided that will focus on fall prevention. There are 4 spots left. Flyers ar on the Sign-In Table.

**Round Lake Area Public Library** Gardens Social last Sunday of April , Table Top day – game day this Sunday. Local Author Showcase next Saturday focused on non-fiction works.

**Round Lake Area Bicycle Club:**  Safety Rules Workshop this Saturday at 12pm in partnership with the Round Lake Beach Police Department at the Round Lake Area Public Library. This flyer AND a flyer of rides through July 4th are on the Sign-In Table.

**Mano A Mano**: Citizenship workshop, May 10th Health Seminar focused on the impact of being overweight on their Facebook page

**BPAC**: Friday 4/28 and Friday 5/5 presentations complete the series on Kids Clutter.

**Prairie State Legal Services:**  Ready to Work Initiative is for low income clients with legal barriers to employment. They are looking for local interview space for this project. Flyers on the Sign-In Table.

**St. Joes:** Pasta Del Mina Toraia: They are working on “Fear in Hispanic Community” generated from the new administration’s position on immigration. They are working to assist with communication between police and immigrants, group suggest they open communication with Mano A Mano who have a number of established programs in place.

**Youth Conversation Corps:** have spots in their job training and education partnership with CLC, in their GED & HVAC programs. Gearing up for summer program with local high schools doing work in our environment preserving wet land prairies and woodlands.

**9. Next Meeting:** May 11, 2017 ~ 8:30am ~ Round Lake Area Public Library

**10. Adjourned:** 10:05am

**Minutes Submitted By:** Wendy M. Warden